**COOL TOOL: Expect Respect**

BE RESPECTFUL ~ BE RESPONSIBLE~ BE PROUD

**Setting:** All school

**Voice Level:** 2

**What is the Purpose of the Lesson?**

1. To promote the “Expect Respect” concept.

2. To teach students how to reduce disrespectful behavior.

3. To teach students how to respond to disrespectful behavior.

**Explain Expectations and Why needed**

1. We are ***RESPECTFUL*** when we:

* Raise our hand UP but not OUT to say “Stop” to someone who is being disrespectful (SWAT-Stop, Walk and Talk).
* Use a firm but polite tone of voice when saying “Stop” to someone who is being disrespectful (SWAT-Stop, Walk and Talk).
* “Stop, Breathe and Leave” when someone tells us to stop if they think that we are being disrespectful to them.
* Walk away calmly after taking a deep breathe when someone tells us to “Stop”.

2. We are ***RESPONSIBLE*** when we:

* Say “Stop” and walk away if someone is being disrespectful to you.
* We tell an adult if the disrespect continues(SWAT- Stop, Walk and Talk).

3. We are ***PROUD*** when we:

* When we use “SWAT-Stop, Walk and Talk” or “Stop, Breathe and Leave” to stop disrespectful behaviors in our school.

**Check for Understanding/Buy-in**

1. Ask students what it looks like to ***be* *RESPECTFUL*** before and after school?

\*\*Student responses should include:

* Raise our hand UP but not OUT to say “stop”.
* Use a firm but polite tone of voice when saying “Stop”to someone who is being disrespectful.
* “Stop, Breathe and Leave” when someone tells us to stop if they think that we are being disrespectful to them.
* Walk away calmly after taking a deep breathe when someone tells us to “Stop”.

2. Ask students what it looks like to ***be******RESPONSIBLE*** before and after school?

\*\*Student responses should include:

* Say “Stop” and walk away if someone is being disrespectful to you.
* We tell an adult if the disrespect continues(SWAT- Stop, Walk and Talk).

3. Ask students what it looks like to ***be******PROUD*** before and after school?

\*\*Student responses should include:

* When we use “SWAT-Stop, Walk and Talk” or “Stop, Breathe and Leave” to stop disrespectful behaviors in our school.

**Model Teaching Examples and Language from Matrix**

1. Your friend is tapping you on the shoulder with his pencil. You remember to put your hand up and not out and say “Stop” firmly but politely. The friend stops tapping you, takes a breathe and turns away.
2. Another student calls you a mean name while you are out on the playground at recess. You remember to put your hand up and not out and say “Stop” firmly but politely. The other student stops, takes a breath and walks away.
3. You see a friend who is being teased by others and he is not using SWAT. You go to that friend and you remember to put your hand up and not out and say “Stop” firmly but politely to the other students. The other students stop, take a breath and walk away.

**Check for Student Understanding/Buy-in**

1. Were we showing how to ***be RESPECTFUL*** in example #1? (Yes)

* What were we doing that showed respect?

2. Were we showing how to ***be RESPONSIBLE*** in example #2? (Yes)

* What were we doing that showed responsibility?

3. Were we showing how to ***be PROUD*** in example #3? (Yes)

* What were we doing that showed pride?

**Model Non-Example**

1. Your friend is tapping you on the shoulder with his pencil. You turn around and yell “STOP IT! You push your hand out very close to their face. The friend tells the teacher you were being mean.

2. Another student calls you a mean name while you are out on the playground at recess. You cry and run away. You tell the lunchroom supervisor.

3. You see a friend being teased by others and he is not using SWAT. You ignore it and keep on playing ball with your friends.

**Check for Student Understanding/Buy-in**

1. Were we showing how to ***be RESPECTFUL*** in non-example #1? (No)

* What should we have done to show respect?

2. Were we showing how to ***be RESPONSIBLE*** in non-example #2? (No)

* What should we have done to show responsibility?

3. Were we showing how to ***be PROUD*** in non-example #3? (No)

* What should we have done to show pride?

**All Students Practice**

* Have students practice the expected behavior based on the matrix. EXAMPLE: Select a few students to model appropriate examples for the class before ending the lesson. Provide specific feedback and praise.
* Reinforce positive behavior by distributing “Howlers” to students who demonstrate appropriate behavior before and after school.